

Dealing with Difficult People Workshop Woodrising

Partner - Mother - Teenager - Neighbour

Gain strategies to feel stronger and calmer and get better outcomes from conversations with people in your life.

**Wednesday 11 May 2011
10am to 1pm**

Venue: Woodrising Neighbourhood Centre
80 Hayden Brook Road, Woodrising 2284 (*Opposite Shopping Centre*)

Come along to this workshop if there is someone in your life who:
Makes you frustrated, angry or confused.
Is uncooperative, or intimidates you, or walks all over you.

Workshop Cost: \$5

Morning tea is provided. Child minding available
To register attendance and for further details please contact
Woodrising Neighbourhood Center on 4959 4624

Hunter Women's Centre
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